# make it ok.



FREE

## What do I need to do to make it ok?

### 16 September - 4 November 2017



This touring exhibition, curated by Liz Cooper, features five international artists investigating damage and repair. Liz has been interested by signs of mending and repairing for some years and is particularly fascinated in how artists use these processes to interact with individuals and communities

The exhibition includes specially commissioned works using stitch and other media to explore humanity through disease, change, environmental impact, and healing and restoration, of landscapes, bodies, minds and objects. Artists include Dorothy Caldwell, Freddie Robins, Celia Pym, Karina Thompson and Saidhbhín Gibson.

What Do I Need to Do to Make It OK? provides the last instalment in our programme exploring health and wellbeing and the impact cultural activities have on positive wellbeing and personal resilience. Our #ragmwellbeing exhibition explores these themes with two new commissions and a showcase of our work outside the art gallery and museum.

#### Saturday 23 September, 1-2pm

Join artist Michaela McMillan to contribute to her wellbeing commission in a drop-in activity.

#### Saturday 4 November, 1-3pm

Did We Make It OK for Ourselves?

Join Liz Cooper, Freddie Robins and others at this event to mark the end of the exhibition tour, a chance to both celebrate and reflect on the project.











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#### **Opening Times:**

Tue - Fri 10am - 5pm
Sat 10am - 4pm
Bank Holiday 10am - 4pm
Sun & Mon Closed